

Soul Food The Surprising Story Of An American Cuisine One Plate At A Time

Soul Food The Surprising Story Of An American Cuisine One Plate At A Time - Soul Food: The Surprising Story of an American Cuisine, One Plate at a Time [Adrian Miller] on Amazon.com. *FREE* shipping on qualifying offers. 2014 James Beard Foundation Book Award, Reference and Scholarship Honor Book for Nonfiction, Black Caucus of the American Library Association In this insightful and eclectic history Miller argues that the story is more complex and surprising than commonly thought. Four centuries in the making, and fusing European, Native American, and West African cuisines, soul food--in all its fried, pork-infused, and sugary glory--is but one aspect of African American culinary heritage. How to Cite. Presley, J. (2014), Soul Food: The Surprising Story of an American Cuisine, One Plate at a Time Adrian Miller. Chapel Hill: University of North Carolina Press, 2013. .Soul Food For Thanksgiving: Mac And Cheese, 'Red Drink,' And More. November 20, 2013 • Chitlins, black-eyed peas and sweet potato greens ... it's all soul food you might want to consider adding to your Thanksgiving table. Host Michel Martin hears about the history of soul food — and gets some recipes — from Adrian Miller, author of Soul Food: The Surprising Story of An American Cuisine One Plate At A Time.